

PRESS RELEASE

## Cross-country skiing premiere in Galtür

**Galtür introduces a new event series for cross-country skiers in 2022: At the 1st Galtür Nordic Volumes, cross-country skiers can take part in several competitions and test the latest equipment for the first time from March 24 to 27, 2022 in Galtür. On the program: the well-known Galtür Nordic Night Race, the new free cross-country camp with workshops, training sessions and test equipment, the new Cross-Country Climb from Galtür to Bielerhöhe and back, as well as a schoolchildren's race and the three-person relay race Galtür XC Team Relay. Total prize money: 10,000 Eu-ro. Registrations are now open.**

In March 2022, Galtür will present the 1st Galtür Nordic Volumes, a new event series for cross-country skiers. The four-day event is open to amateurs and professionals and will take place from March 24 to 27, 2022. On the program: the Galtür Nordic Night Race - a night-time cross-country sprint, as well as the new, free cross-country camp with technique training, laser biathlon, workshops by HWK, obstacle course and test equipment from Fischer. Also new are the Cross-Country Climb, which involves climbing 377 meters of altitude over 16 kilometres (LIGHT) or 861 meters of altitude over 31.8 kilometres (HARD), the Schoolchildren's race and the Galtür XC Team Relay over a total of 15 kilometres. All four races count towards the Austria Cup. Participation in the Galtür Nordic Night Race and Cross-Country Camp is free of charge; an entry fee will be charged for the Cross-Country Climb, the Schoolchildren's Race and the Galtür XC Team Relay. The total prize money for the winners of the Galtür Nordic Night Race is 7,900 euros. In the Cross-Country Climb (HARD discipline) a total of 2,100 euros is offered. All info and online registration: [www.galtuer.com/en](http://www.galtuer.com/en).

### **Galtür Nordic Night Race on March 24, 2022**

The Galtür Nordic Volumes kick off with the Galtür Nordic Night Race, which is already taking place for the third time. Anyone can take part and compete with the pros here. The nightly individual race is designed as a cross-country sprint. After a 700-meter qualifying round, the 16 fastest skiers in the men's and women's categories will compete in the finals. These will be held from 8 p.m. onwards in a knockout format over two rounds each (a total of around 1,400 meters). The finalists will compete for the overall prize money in groups of

four, with the two fastest from each group advancing to the next round.

Children can also get their first taste of competition on March 24: A separate children's race in the classes K7-K9 with a course length of 350 meters and K10-J16 with a course length of 700 meters will take place at 5:45 p.m. (qualification) and 6:35 p.m. (final).

### **Premiere: Cross-country ski camp and ski test on March 25, 2022**

To ensure that all those interested in cross-country skiing also do well during the event, on Friday, March 25 in the new, free cross-country skiing camp, trained instructors from the Galtür Ski School and cross-country skiing professionals will provide technique tips for the cross-country trail. In addition, participants can test the latest Fischer equipment on site, complete a full-body workout during the Fischer Skiletics training or compete in the Laser Biathlon. On an obstacle course, children from 8 to 14 years of age will put their skills to the test and receive a small surprise. The cross-country camp in Galtür opens at 9 am.

### **Premiere: Cross-Country Climb on March 26, 2022**

On Saturday, March 26, 2022, the first cross-country race through the beautiful Vermunt will take place with the Cross-Country Climb. At the race, which is rated for the Austrian championship, participants can register for the HARD (31.8 kilometres over 861 vertical meters) or LIGHT (16 kilometres over 377 vertical meters) routes. The popular race is open to all with free technique and starts at 8 a.m. from Galtür in the direction of Bielerhöhe and return. A total prize money of 2,100 euros awaits the winners of the HARD route. Saving tip: Those who register by 28.02.2022 pay an entry fee of 33 euros for the LIGHT route or 39 euros for the HARD route. From 01.03.2022 the price will be 43 euros for the LIGHT route or 49 euros for the HARD route.

### **Premiere: Cross-country race for schoolchildren and Galtür XC Team Relay on March 27, 2022**

On Sunday, March 27, 2022, students born between 2008 and 2011 will open the new race-course at 10 a.m. in a mass start with free technique. The aim is to complete the 2.5-kilometer circuit with 51 meters of altitude difference between Wirl and Galtür as quickly as possible twice in a row. Starting fee: 7.50 euros per person.

One hour later, at 11 a.m., the adult runners will start in women and men three-person relay

teams at the first Galtür XC Team Relay, which will also be scored for the Austrian Club Championship. Whether professional or amateur, each participant has to race twice to complete the 2.5-kilometre course in free technique. The times of all three team members are added together, the fastest team wins. The participation fee is 10 euros per person.

**Note:** All events are subject to the measures of the Austrian federal government against the coronavirus pandemic! As responsible hosts, we will of course comply with the respective official requirements in detail and provide regular information on the latest safety and health measures.

All information about the Galtür Nordic Volumes, terms of participation and online registration can be found at [www.galtuer.com/en](http://www.galtuer.com/en).

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See here for direct image downloads: [Galtür Nordic Volumes 2022](#)

Picture captions:

Galtuer Nordic Volumes\_2022\_1: At the Galtür Nordic Volumes from March 24 to March 27, professionals and amateurs, young and old show their skills in cross-country skiing in different disciplines © TVB Paznaun-Ischgl

Galtuer Nordic Volumes\_2022\_2: The Galtür Nordic Night Race will take place for the third time on March 24 © TVB Paznaun-Ischgl

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